

# CREATE YOUR OWN MEAL

**\$10.95** Includes 1 Base, 5 Toppings and 2 Sauces - Proteins Extra

## STEP 1: CHOOSE 1 BASE

**ALLERGY?  
LET US KNOW  
BEFORE ORDERING!**

- |                                    |  |
|------------------------------------|--|
| <b>Brown Rice Bowl</b>             | <b>Baked Potato</b>                        |
| <b>Wrap</b> White, Wheat or Garlic | <b>Quesadilla</b> White, Wheat or Garlic   |
| <b>Salad</b>                       | <b>Pita or Gluten-Free* Pita</b> (Add \$3) |

Allow extra time for a Quesadilla or Gluten-Free\* Pita.

## STEP 2: PICK PROTEINS (Optional)

**ALL PROTEINS  
GLUTEN-FREE\***



**CHICKEN**  
Cage Free  
Add \$3



**STEAK**  
Tenderloin  
Add \$5



**PORK**  
Pulled  
Add \$3



**TACO**  
Beef  
Add \$3



**CHILI**  
HEALTHY CHOICE  
Hearty Bean  
Add \$3



**FALAFEL**  
Baked  
Add \$3



**TOFU**  
Grilled  
Add \$3



**EDAMAME**  
Steamed  
Add \$3

Consuming raw or undercooked meats, poultry, or eggs might increase your risk of foodborne illness.

## STEP 3: TIME FOR TOPPINGS

Up to 5 Included  
Extras 75¢ each

- |              |                 |                              |
|--------------|-----------------|------------------------------|
| Black Beans  | Black Olives    | Mozzarella Provolone         |
| Brown Rice   | Chickpeas       | Cheddar Jack                 |
| Salad Greens | Colored Peppers | Feta                         |
| Tomatoes     | Broccoli        | Vegan 'Cheese' - v           |
| Carrots      | Banana Peppers  | Bacon (Add \$1.50)           |
| Red Onion    | Jalapenos       | Hard-Boiled Egg (Add \$1.50) |
| Cucumbers    | Kalamata Olives | Corn Salsa - v               |

Toppings, Sauces & Dressings May Vary by Season or Due to Availability.

## STEP 4: DRESS IT UP

Choose 1 or 2  
Extras \$1.00 each

v - Vegan  
gf - Gluten Free\*

- |   |                        |  |
|---|------------------------|--|
| Chipotle Aioli - gf   | Honey Mustard          | Warm 'Cheese' Sauce - v  |
| Ranch   | Mild Salsa - v gf      | Vegan Sour Cream - v gf  |
| Tzatziki  | Sour Cream - gf        | Super Sauce - v gf<br><small>Veganise, Tahini &amp; Sriracha</small> |
| BBQ - v gf  | Greek / Italian - v gf | Tahini - v gf  |
| Buffalo - v   | Olive Oil - v gf       | Lemon Tahini - v gf  |
| Sriracha - v gf   | Balsamic Vinegar - v   | Butter or Vegan Butter   |
| <b>Housemade Hummus - v gf</b> <i>Ask about Seasonal Hummus Flavors</i> |                        |  |
| Traditional • Roasted Red Pepper • Pumpkin Pie                          |                        |  |

\*Extensive precautions are taken when preparing our gluten-free items; however, items with gluten are prepared in our kitchen.

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