ALLERGY? LET US KNOW **BEFORE ORDERING!**

HAVE YOUR MEAL AS A:

White,

Wheat or

Garlic

WRAP or SALAD or BOWL or PITA

Organic Greens

Brown Rice

Regular or **Gluten Free***

GRAZING GREEK \$10.95



Salad Greens, Cucumbers, Red Onions, Tomatoes, Kalamata Olives, Feta Cheese and Greek Balsamic and Basil Dressing

Recommended Optional Proteins: Chicken or Edamame



BUFFALO \$10.95

Carrots, Red Onions, Tomatoes, Salad Greens, Mozzarella Provolone Cheese with Mild Buffalo Sauce and Ranch Recommended Optional Proteins: Chicken or Tofu



Beef Taco Meat, Red Onions, Tomatoes, Jalapenos, Black Olives, Corn Salsa, Cheddar Jack Cheese, Housemade Mild Salsa and Sour Cream

Included Protein: Taco Meat (or Substitute Vegan Chili)



SEASONAL SPECIALS

Below are some of our Limited Time Seasonal Specials. Ask us, check our in-store menu board, or look online for availability and pricing of these and our newest Specials!

STRAWBERRY SUMMER SALAD

A Refreshing Salad topped with Fresh Strawberries, Cucumbers and Feta Cheese with our Housemade Poppyseed Dressing and a Package of Sunflower Kernels Recommended Optional Proteins: Chicken or Edamame



RAINBOW GARDEN HARVEST



Salad Greens, Carrots, Cucumbers, Red Onions, Colored Peppers, Tomatoes, Chickpeas, Banana Peppers, VEGAN Broccoli, Black Olives and Balsamic & Basil Dressing



CHICKEN, BACON & RANCH \$13.95



Grilled Chicken, Crispy Bacon, Salad Greens, Shredded Carrots, Cheddar Jack Cheese and Ranch Dressing



HOLY AIOLI \$10.95

Brown Rice, Salad Greens, Carrots, Tomatoes, Banana Peppers, Cheddar Jack Cheese and Chipotle Aioli Sauce Recommended Optional Proteins: Steak or Falafel



FIESTA \$10.95

Brown Rice, Black Beans, Salad Greens, Black Olives, Cheddar Jack Cheese, Mild Salsa and Sour Cream Recommended Protein: Taco Meat or Vegan Chili



COBB \$11.95

Salad Greens, Carrots, Tomatoes, Bacon, Hard-Boiled Egg, Mozzarella-Provolone Cheese and Honey Mustard Dressing Recommended Optional Proteins: Chicken or Tofu



FALAFEL FEAST \$13.95



Brown Rice, Salad Greens, Colored Peppers, Tomatoes, Chickpeas, Roasted Red Pepper **Hummus and GRAZERS own Vegan Super Sauce** Included Protein: Falafel



CHEESY CHICKEN & RICE \$13.95

Brown Rice, a Double Serving of Cage Free Chicken, Cheddar Jack Cheese, Chipotle Aioli and Sour Cream Included Protein: Double Chicken



PEPPER POWER 10.95

Colored Peppers, Banana Peppers, Salad Greens, Chickpeas, Mozz-Prov Cheese, Red Pepper Hummus & Mild Buffalo Sauce Recommended Optional Proteins: Pork or Tofu



OR... CREATE YOUR OWN MEAL **USING OUR 4-STEP-PROCESS**



Recommended Optional Proteins: Edamame or Tofu



add proteins to <u>any</u> meal





















CHICKEN Cage Free Add \$3

STEAK

Add \$5

Tenderloin

PORK Pulled

TACO Beef Add \$3 Add \$3

Consuming raw or undercooked meats, poultry, or eggs might increase your risk of foodborne illness

Baked V Add \$3

Hearty Bean V Add \$3

Grilled V

Steamed V Add \$3 Add \$3

*We take extensive precautions when preparing our gluten-free items; however, items with gluten are prepared in our kitchen

MAC & CHEESE MEAL \$10.95

Over a Pound of Creamy Macaroni & Cheese or made with Vegan Mac & 'Cheese' by Request Add Protein or Toppings for an Additional Charge



KICKIN' CHICKEN MAC \$13.95

Buffalo Chicken on top of over a Pound of Mac & Cheese with Jalapenos, more Cheddar Jack Cheese and Sriracha Add More Protein or Toppings for an Additional Charge



VEGAN CHILI MEAL \$10.95 Over a Pound of Hearty Bean Vegan Chili

Add Protein or Toppings for an Additional Charge



CHILI - MAC \$10.95

1/2 Pound of our Award Winning Hearty Bean Vegan Chili and a 1/2 Pound of Creamy Macaroni & Cheese Substitute Vegan Mac & 'Cheese' by Request



CHILI BAKED POTATO \$12.95

Large Baked Potato covered with Hearty Bean Vegan Chili, Cheddar Jack Cheese, Sour Cream and Mild Salsa By Request with Vegan 'Cheese' & Vegan Sour Cream





MAC ATTACK \$13.95

Over a Pound of Creamy Macaroni & Cheese topped with BBQ Pulled Pork and Bacon

